MOOLAP NEWS
Tuesday 05 May 2015

PRINCIPAL’S NEWS
Arrive On Time and Stay All Day
I wish to stress the importance of students ‘arriving on time and staying all day’. Students are expected at school between 8.45 a.m. and 8.55 a.m. to commence learning at 9.00 a.m. At 9.00 a.m. our learning starts, when students arrive late, not only does it interrupt students already in class but it also impacts on your child's learning. Students arriving 15 minutes late twice per week miss a total of 3 full days of school for the year. Those students who leave at lunch time 6 times over the year miss a whole day over one year. Please ensure that your child/ren 'arrive on time and stay the day!'

Working Bee
A sincere thank you to those families who attended the Working Bee on Saturday morning. Without their assistance in shifting mulch for the playground we would have to have shut down the playground for safety reasons. A lot of work was done by a small number of families who attended. So we do not expend our current families, we need to see a lot more families participate next time and share the load amongst our community.

NAPLAN
Next week our year 3’s and 5’s will participate in NAPLAN assessment between the 12- 14 May. The assessment provides the school with useful information on the progress students are making in English and Mathematics. In addition to this it provides the school with insights on areas for further development.

Enjoy!
Robbie

SCHOOL NEWS
Division Cross Country
Congratulations to those students who made it through to the next round. Division Cross Country will be held 12.30 p.m. 26 May at Eastern Gardens.

Thank You!
Thank you to our local Mulch Centre for donating enough mulch to put under our playgrounds.

Art Blog - Follow the blog: http://moolapprimary.edublogs.org/
April 30 - Years 1/2s created some fantastic artworks in support of the upcoming book week.

Entertainment Books
Books or payment are now due to be returned. Please return to Office as soon as possible. If you are looking for a last minute Mother's Day gift, why not purchase an additional book, available from the office!

Year 6 Items
We have been contacted by our supplier and expect items to be another month before delivery. There were problems with printing of some of the garments. The supplier has had to reorder new garments to be reprinted and we have been offered a partial reimbursement of some of the cost which will be passed on to those still waiting for year 6 items.

WELFARE NEWS
Message from our School Chaplain, Paula -
Hello, I am Paula and I am really looking forward to getting to know your children and assisting them during their time at school. This term I will be helping with the Kids Matter Program, promoting a healthy approach to challenging situations. At times children will be making things to take home that I hope they can share with you. I am really looking forward to being part of the gardening group and have some ideas - hopefully you will see something happening in the next month.

As the School Chaplain my role will be to offer your child encouragement and confidence through focusing on their strengths, and to foster kindness and coping skills to get along well with others. I will be helping with class work, general conversations, small group work and playground games during recess.

As well as supporting your child at school, if you are worried or concerned about anything regarding your child, just need someone to listen or offer some guidance, please feel free to contact the school and arrange a time for a chat. I look forward to getting to know you all as time goes by.

Below is an article you may find useful regarding ‘anxious children’......

According to research anxiety is often the result of multiple factors i.e., genes, brain physiology, temperament, environmental factors, past traumatic events, etc.

An anxious child desperately wants to listen to you, but the brain won't let it happen. During periods of anxiety, there is a rapid dump of chemicals and mental transitions executed in your body for survival. The prefrontal cortex of the brain gets affected the most - or more logical part of the brain gets put on hold while the more automated emotional brain takes over.

In other words, it is really hard for your child to think clearly, use logic or even remember how to complete basic tasks during stress or anxiety. Over the next few newsletters we will give you some tips on managing an anxious child.

Try the FEEL method -
FREEZE pause and take some deep breaths with your child. Deep breathing can help reverse the nervous system response.
EMPATHIZE anxiety is scary - your child wants to know that you get it
EVALUATE once your child is calm, try to figure out possible solutions
LET GO Let go of your anxiety too

Happy Mother’s Day!

Women — juggling act, simply evokes a shoulder shrug and a ‘welcome to the real world’ look. Anyone who spends time ‘at work’ then come home for their second shift of parenting. Any mention to these mothers of my trials with the children were busy making sculptures from clay, autumn collages and colour mixing. The children also had loads of fun playing ball games and cooking popcorn slice. Did you know that After School Care is only $8.14 to $12.50 per permanent booking after fee relief? And the good news is, most people are eligible for fee relief! The 50% Child Care Rebate is NOT income tested. Head to www.extend.com.au to join.

This week’s activities:
- Monday 4th May: Treasure Hunt
- Tuesday 5th May: Pizza Pinwheels

CALL OUR OFFICE: 1300 366 437

SAVE THE DATE
2015 Book Fair One Day Only
Tuesday 19 May (Open Morning).
We will be holding Book Fair Week 7 – 11 September 2015.

Netball News
Moolap Munchkins (Grade 3/4)
Wed 06 May @ 4.40 p.m.
Wed 13 May @ 4.40 p.m.

Moolap Tigers (Grade 5/6)
Wed 06 @ 5.20 p.m.
Wed 13 May - BYE

2015 DIARY DATES
APRIL

MAY
Thurs 07  Mother’s Day Stall
12-14  NAPLAN
Fri 15  Second Hand Uniform Sale 9 - 10.30a.m.
18-22  Education Week
Tues 19  Open Morning
       Book Fair Day Sale
Mon 25  School Council
Tues 26  Division Cross Country
Fri 29  District Soccer

June
Thurs 04  District Light Prem
Fri 05  CURRICULUM DAY
Mon 08  Queen’s Birthday Holiday
Mon 15  Division AFL
Tues 16  Division TBall
Wed 17  Division Soccer
Thurs 18  Division Netball
Mon 22  School Council
       Reports Home
Thurs 25  Parent Teacher Interviews (from 2.30p.m.)
Friday 26  Parent Teacher Interviews
       Last Day Term 2

JULY
Mon 13  First Day Term 3

COMMUNITY NEWS
Parenting Ideas.....Michael Grose
Multi-task masters Anyone who can cut a round of sandwiches, prepare breakfast for a family, find a missing pair of socks for tiny feet while making sure everyone is on track, has my vote. I have trouble getting myself dressed in the morning, let alone worrying about anyone else. There is no place in a mother’s repertoire for tunnel-vision or focusing on one task at a time. These are luxuries reserved for the workplace, not the family home. The fact that kids are noisy, demanding and often unpredictable means anyone who spends a fair time in their vicinity must be flexible, patient and able to keep cool under extraordinary pressure. Qualities I still don’t possess. Take cooking for example. The job of preparing a decent meal with the children were busy making sculptures from clay, autumn collages and colour mixing. The children also had loads of fun playing ball games and cooking popcorn slice. Did you know that After School Care is only $8.14 to $12.50 per permanent booking after fee relief? And the good news is, most people are eligible for fee relief! The 50% Child Care Rebate is NOT income tested. Head to www.extend.com.au to join.

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